



Client Contact Info Name:

Phone:

Plasma Pen Pre-Qualification

Please fill out this sheet to help us decipher if you are eligible to book an In-Person Consultation with one of our Plasma Pen providers.

- Do you know your Fitzpatrick Skin Type?
- What area are you interested in treating?
- Do you have any existing skin issues?

Please Check All That Apply:

Alopecia Contact Lenses Allergies	Aspirin Use Dry Eye Thyroid Problems	Asthma Glaucoma Visual Impairment
Acne		Use of Steroid Cream
Anemia		Surgical Blepharoplasty
Botox		Brow/Forehead/Facelift Procedure
Bruise/Bleed Easily		Cancer
Cataracts		Eye Surgery
Corneal Abrasion		Diabetes
Epilepsy		Fever/Common Viral Infection
Herpes Simplex		High Blood Pressure
Hysterectomy		Hormone Imbalance
Injectable Filler		Use of Insulin
Kidney & Liver Disease		Melasma
Body Dysmorphia		Mitral Valve Prolapse
Organ Transplant		STDs
Atrophic Scars		Shingles
Styes/Conjunctivitis		Trichotillomania
Skin Disorders (Psoriasis, Eczema, Dermatitis)		
Accutane/Roaccutane		Allergic to Anesthetic
Antabuse Medication		Anticoagulant Medication
Birthmark & Port Wine Stain		Breastfeeding
Hemophilia		Hepatitis C
HIV/AIDS		Hyperpigmentation
Latex Allergy		Lupus
Pregnancy		Retinal Detachment
Hypertrophic Scars (keloid scars)		
Pacemaker, Prosthetic Implants, Plates and Pins		



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There are two main factors that influence skin type; genetic disposition and reaction to sun exposure and tanning beds. Your **Fitzpatrick Skin Type** informs skin care professionals on how your skin might respond to different chemicals, acids and heat so we can help find the best treatments for you.

Keep track of the number of your answers to add together at the bottom to find out your score.

What color are your eyes? 0 - Light blue, light gray, light green 1 - Blue, gray, green 2 - Hazel or light brown 3 - Dark brown 4 - Brownish black	What is your natural hair color? 0 - Red or light blonde 1 - Blonde 2 - Dark blonde or light brown 3 - Dark brown 4 - Black
What is your natural skin color, without sun exposure? 0 - Ivory white 1 - Fair or pale 2 - Fair to beige, with gold undertones 3 - Olive or light brown 4 - Dark brown or black	How many freckles do you have on unexposed areas of your skin? 0 - Many 1 - Several 2 - A few 3 - Very few 4 - None
How does your skin respond to the sun, do you tan? 0 - Always burns, blisters and peels 1 - Often burns, blisters and peels 2 - Burns moderately 3 - Burns rarely, if at all 4 - Never burns	Does your skin tan? 0 - Never, just burns 1 - Seldom 2 - Sometimes 3 - Often 4 - Always
How deeply do you tan? 0 - Not at all or very little 1 - Lightly 2 - Moderately 3 - Deeply 4 - My skin is naturally dark	How sensitive is your face to the sun? 0 - Very Sensitive 1 - Sensitive 2 - Normal 3 - Resistant 4 - Very resistant/Never had a problem

Please enter your total score here:

0-6 Skin Type I	7-13 Skin Type II	14-20 Skin Type III	21-27 Skin Type IV	28-34 Skin Type V	35+ Skin Type VI
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- **Fitzpatrick Skin Types I & II** can be treated with any Plasma Pen technique with the basic pre-care instructions
- **Fitzpatrick Skin Type III** can be treated with the spray technique (Plasma Peel) OR the dot work, but not both at the same time. This skin type should use a tyrosinase inhibitor (Lytera 2.0 from SkinMedica) for 12 weeks before treatment.
- **Fitzpatrick Skin Type IV** can only be treated in very special circumstances (a low score and a history of showing tolerance to peels, heat and lasers) and at the discretion of the technician.

All other Fitzpatrick Skin Types are not a candidate because the risk of hyper or hypopigmentation from the thermal energy is too strong. There are other treatments like Microneedling that are worth trying.