

Client Contact Info Name: \_\_\_\_\_ Phone #: \_\_\_\_\_



### Plasma Pen Pre-Qualification

Please fill out this sheet to help us decipher if you are eligible to book an In-Person Consultation with one of our Plasma Pen providers.

- Do you know your Fitzpatrick Skin Type? \_\_\_\_\_
- What area are you interested in treating? \_\_\_\_\_
- Do you have any existing skin issues? \_\_\_\_\_

### Please Circle All That Apply:

|   |                                  |  |                         |
|---|----------------------------------|--|-------------------------|
| Alopecia  | Aspirin Use                      | Asthma   |                         |
| Contact Lenses                                  | Dry Eye                          | Glaucoma                                       |                         |
| Allergies                                       | Thyroid Problems                 | Visual Impairment                              |                         |
| Acne  | Use of Steroid Cream             | Anemia   | Surgical Blepharoplasty |
| Botox   | Brow/Forehead/Facelift Procedure | Bruise/Bleed Easily                            | Cancer                  |
| Cataracts                                       | Eye Surgery                      | Corneal Abrasion                               | Diabetes                |
| Epilepsy  | Fever/Common Viral Infection     | Herpes Simplex                                 |                         |
| High Blood Pressure                             | Hysterectomy                     | Hormone Imbalance                              |                         |
| Injectable Filler                               | Use of Insulin                   | Kidney & Liver Disease                         |                         |
| Melasma   | Body Dysmorphia                  | Mitral Valve Prolapse                          |                         |
| Organ Transplant                                | STDs                             | Skin Disorders (Psoriasis, Eczema, Dermatitis) |                         |
| Atrophic Scars                                  | Shingles                         | Styes/Conjunctivitis                           |                         |
| Trichotillomania                                |                                  |  |                         |
| Accutane/Roaccutane                             | Allergic to Anesthetic           | Antabuse Medication                            |                         |
| Anticoagulant Medication                        | Birthmark & Port Wine Stain      |  |                         |
| Breastfeeding                                   | Hemophilia                       | Hepatitis C                                    |                         |
| HIV/AIDS  | Hyperpigmentation                | Latex Allergy                                  | Lupus                   |
| Pacemaker, Prosthetic Implants, Plates and Pins |                                  |  |                         |
| Pregnancy                                       | Retinal Detachment               |  |                         |
| Hypertrophic Scar                               |                                  |  |                         |

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There are two main factors that influence skin type; genetic disposition and reaction to sun exposure and tanning beds. Your **Fitzpatrick Skin Type** informs skin care professionals on how your skin might respond to different chemicals, acids and heat so we can help find the best treatments for you.

*Keep track of the number of your answers to add together at the bottom to find out your score.*

|   |  |
|---|--|
| What color are your eyes?<br>0 - Light blue, light gray, light green<br>1 - Blue, gray, green<br>2 - Hazel or light brown<br>3 - Dark brown<br>4 - Brownish black   | What is your natural hair color?<br>0 - Red or light blonde<br>1 - Blonde<br>2 - Dark blonde or light brown<br>3 - Dark brown<br>4 - Black             |
| What is your natural skin color, without sun exposure?<br>0 - Ivory white<br>1 - Fair or pale<br>2 - Fair to beige, with gold undertones<br>3 - Olive or light brown<br>4 - Dark brown or black             | How many freckles do you have on unexposed areas of your skin?<br>0 - Many<br>1 - Several<br>2 - A few<br>3 - Very few<br>4 - None                     |
| How does your skin respond to the sun, do you tan?<br>0 - Always burns, blisters and peels<br>1 - Often burns, blisters and peels<br>2 - Burns moderately<br>3 - Burns rarely, if at all<br>4 - Never burns | Does your skin tan?<br>0 - Never, just burns<br>1 - Seldom<br>2 - Sometimes<br>3 - Often<br>4 - Always   |
| How deeply do you tan?<br>0 - Not at all or very little<br>1 - Lightly<br>2 - Moderately<br>3 - Deeply<br>4 - My skin is naturally dark   | How sensitive is your face to the sun?<br>0 - Very Sensitive<br>1 - Sensitive<br>2 - Normal<br>3 - Resistant<br>4 - Very resistant/Never had a problem |
| Total Score =   |  |

|                      |                        |                          |                         |                        |                     |
|----------------------|------------------------|--------------------------|-------------------------|------------------------|---------------------|
| 0 - 6<br>Skin Type I | 7 - 13<br>Skin Type II | 14 - 20<br>Skin Type III | 21 - 27<br>Skin Type IV | 28 - 34<br>Skin Type V | 35+<br>Skin Type VI |
|----------------------|------------------------|--------------------------|-------------------------|------------------------|---------------------|

- **Fitzpatrick Skin Types I & II** can be treated with any Plasma Pen technique with the basic pre-care instructions.
- **Fitzpatrick Skin Type III** can be treated with the spray technique (Plasma Peel) OR the dot work, but not both at the same time. This skin type should use a tyrosinase inhibitor (Lytera 2.0 from SkinMedica) for 12 weeks before treatment.
- **Fitzpatrick Skin Type IV** can only be treated in very special circumstances (a low score and a history of showing tolerance to peels, heat and lasers) and at the discretion of the technician.

All other Fitzpatrick Skin Types are not a candidate because the risk of hyper or hypopigmentation from the thermal energy is too strong. There are other treatments like **Microneedling** that are worth trying.