



emerge

WEDDING PREPARATION

checklist

SERVICE

DATE OF APPOINTMENT

WEIGHT LOSS CONSULT

12-18 months prior

1 month later

1 month later & con't

EMSCULPT NEO

3 months prior

1 week later

1 week later & con't

EMTONE

3 months prior

1 week later

1 week later & con't

EMFACE

3 months prior

1 week later

1 week later & con't

FACIAL THREADS

3 months prior

2 months prior

1 month prior

FACIAL LASER TREATMENTS

3 months prior

2 months prior

1 month prior

MICRONEEDLING

3 months prior

2 months prior

1 month prior

DIAMONDGLOW

3 months prior

2 months prior

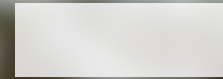
1 week prior

SKIN BOOT CAMP

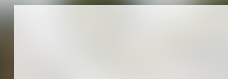
Book consult on the same day as
DiamondGlow or Microneedling

Continued

FILLER

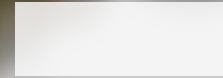


2-3 months prior



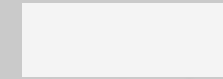
follow-up if needed

PRP/PRF TREATMENTS



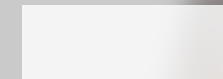
6-8 weeks prior

BOTOX



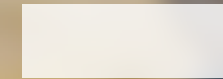
4-6 weeks prior

HAIR CONSULT/TRIAL



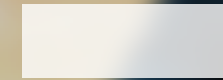
1 month prior

LASER HAIR REDUCTION



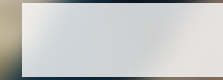
2-3 weeks prior

90-MIN FULL BODY MASSAGE



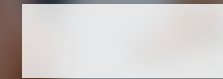
1 week prior

IV HYDRATION THERAPY



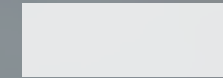
1 week prior

BROW MAKEOVER



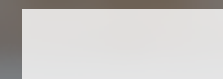
3-4 days prior

VITAMIN SHOT THERAPY



1 day prior

STYLED HAIR



YOUR BIG DAY!

Save to keep track of your scheduled appointments!

SOUTH
918.392.8606

MIDTOWN
918.895.6272

INTEGRATIVE MEDICINE
918.922.9122