



Procedure instructions

BBL Treatments

Pre-Care

- 3 Months Prior to Appointment:
 - Roaccutane (Isotretinoin) must be stopped, if being taken.
- 4 Weeks Prior to Appointment:
 - NO exfoliating or tanning.
 - Limit sun exposure and apply SPF 50 every 2-3 hours.
- 2-3 Weeks Prior to Appointment:
 - NO self-tanning.
- 5 Days Prior to Appointment:
 - STOP all active ingredient skincare. Eminence Stone Crop products or Cetaphil are recommended.
- 2 Days Prior to Appointment:
 - STOP Hydroquinone and Lytera.
- Night Prior to Appointment:
 - Men need to be clean shaven. Women need to dermaplane or shave.
- Day of Appointment:
 - Please arrive 5-10 minutes before the appointment time with a clean makeup free face.
- Inform Emerge if:
 - Ill and need or have been on antibiotics within 2 weeks prior to treatment.
 - On any antidepressants, antifungal drugs, antibiotics, and antihistamines, as certain ones can cause photosensitivity.

Post-Care

BBL (BroadBand Light) Post-Care

- You may experience some redness in the treated area that should resolve within a few hours. You may notice darkening of your pigmented spots, followed by fading and flaking off at a later stage.
- In most cases, there is virtually no downtime and it is safe to apply makeup.
- Sunscreen 30 SPF or higher is highly recommended after the treatment.